



LCS

EMERGENCY FOOD, HOUSING AND MORE

Help Us Fight Hunger at the
20th Annual!

HUNGER WALK RUN 5K

Register
by 9/15 - \$15

Day of event -
\$15 Youth & \$20 Adults

FREE T-shirts & registration
Youth who raise \$25
Adults who raise \$50

ROCKFORD PARK
SATURDAY, SEPTEMBER 17, 2011

Registration at 8:00 a.m.

All Events Start Simultaneously - 9:00 a.m.

Or...

**WALK AND
TALK
IN THE PARK**

**NEW OPTION - SHADED
1 MILE COURSE
ENTIRELY INSIDE
ROCKFORD PARK**

Plus...

**18 & Under
Competitive**

5K

**Free T-Shirts
Medals & Drawings**



MAJOR SPONSORS



OTHER SUPPORTERS & CONTRIBUTORS

AdHelp • Bill Lindsey Studio • Theatre N

**Cool Prizes!
Gift Certificates! Drawings!
Free Refreshments!**

